



Christine Gibson

Family Doctor, Social Innovation,
Holistic Healing, Medical Education

Christine is a family doctor at The Alex Community Health Centre and the Mosaic Refugee Clinic, where she does primary care with a focus on the root causes of ill health. She has an expanded view of wellness, including our relationships and what happens to our bodies, so studied Ayurvedic medicine, Qigong, at the Whole Health Institute, and a variety of trauma therapies.

A large part of her mental shift has been through learning social innovation and human centred design, which allows authentic community engagement to dream up creative solutions to complex challenges. She was a fellow of the Banff Centre Getting to Maybe residency in 2018, and is engaged in Margaret Wheatley's "Warriors for the Soul" program. She is interested in examining systems-level trauma, and how healing can happen collectively.

Christine holds a Masters in Medical Education, through which she created a residency program in Health Inequity: Local and Global. She also does international consulting as Executive Director for her non-profit Global Familymed Foundation, which supports primary care academics in Uganda and Nepal. An engaging speaker (see her TEDx here: <https://tedxyyc.ca/videos/christine-gibson-2015/>) and facilitator, she is thrilled to be one of AHS' system entrepreneurs.